

WASTE NOT WANT NOT!!!

THE MONEY IS YOURS, BUT THE RESOURCES BELONG TO SOCIETY

A good lesson to remember.

Germany is a highly industrialized country. It produces top brands like Benz, BMW, Siemens, etc. The nuclear reactor pump is made in a small town in this country. In such a country, many will think its people lead a luxurious life. At least that was my impression before my study trip.

When I arrived at Hamburg, my colleagues who work in Hamburg arranged a welcome party for me in a restaurant. As we walked into the restaurant, we noticed that a lot of tables were empty. There was a table where a young couple was having their meal. There were only two dishes and two cans of beer on the table. I wondered if such a simple meal could be romantic, and whether the girl will leave this stingy guy. There were a few old ladies at another table. When a dish is served, the waiter would distribute the food for them, and they would finish every bit of the food on their plates.

We did not pay much attention to them, as we were looking forward to the dishes we ordered. As we were hungry, our local colleague ordered more food for us. As the restaurant was quiet, the food came quite fast. Since there were other activities arranged for us, we did not spend much time dining. When we left, there was still about one third of unconsumed food on the table.

When we were leaving the restaurant, we heard someone calling us. We noticed the old ladies in the restaurant were talking about us to the restaurant owner. When they spoke to us in English, we understood that they were unhappy about us wasting so much food. We immediately felt that they were really being too busybody.

"We paid for our food, it is none of your business how much food we left behind," my colleague Gui told the old ladies. The old ladies were furious. One of them immediately took her hand phone out and made a call to someone. After a while, a man in uniform from the Social Security organization arrived. Upon knowing what the dispute was, he issued us a 50 Mark fine. We all kept quiet. The local colleague took out a 50 Mark note and repeatedly apologized to the officer.

The officer told us in a stern voice;

"ORDER WHAT YOU CAN CONSUME, MONEY IS YOURS BUT RESOURCES BELONG TO SOCIETY. THERE ARE MANY OTHERS IN THE WORLD WHO ARE FACING SHORTAGE OF RESOURCES. YOU HAVE NO REASON TO WASTE RESOURCES."

Our faces turned red. We all agreed with him in our hearts. The mindset of people of this rich country put all of us to shame. WE REALLY NEED TO REFLECT ON THIS. We are from a country which is not very rich in resources. To save face, we order large quantities and also waste food when we give others a treat.

THIS LESSON TAUGHT US A LESSON TO THINK SERIOUSLY ABOUT CHANGING OUR BAD HABITS.

My colleague Photostatted the fine ticket and gave a copy to each of us as a souvenir. All of us kept it and pasted on our wall to remind us that we shall never be wasteful. When will SRI LANKA make it a law to fine people who waste food?

NOTE: I believe that there are provisions in Singapore to stop people wasting food in restaurants, especially at buffets. If excessive amounts of food are left on their plates, guests can be fined for the unconsumed food.

Contributed by: Neomal Fernando



Y's Men International Sri Lanka Region Year 2011—2012 No.1 - July—Sept

Theme: "To Dare is to do" - Slogan: "Just Do It"

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**The order
changeth.**
RD Godfrey
hands over office
to incoming RD
Sarojini - 19th
June 2011.
Out-going RD
Godfrey, incom-
ing RD Sarojini,
Incoming DG
S/W Dushyanthi
& DG C/E Fe-
lician.



AULD LANG SYNE—Convention 18th &19th June 2011



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Secretary	LYM Roshini Fernando	“Kinnersley” Uyana Road, Moratuwa.
Treasurer	Y’M Sunil Warnakulasuriya	28, Dharmaratne Avenue, Rawatawatte, Moratuwa.
<u>NEGOMBO</u>		
President	YM Peter Candappa	66/A, Henamulla, Kochchikade.
Secretary	YM Aruna Shantha Nonis	67, Thaladena, Negombo.
Treasurer	YM Rosiro Pulle	95, Cemetary Road, Kudapaduwa, Negombo
<u>NUWARA ELIYA</u>		(No Details Available)
<u>WELLAWATTE</u>		
President	LYM Susheela Ariyaratnam	24, Dr. E. A. Cooray Mawatha, Colombo 06.
Secretary	LYM Suji Thevabalasingham	14/8, Auburnside, Dehiwela.
Treasurer	RSD V. Ariyaratnam	24, Dr. E.A.Cooray Mawatha, Wellawatte, Colombo 6
<u>YOUNG MORATUWA</u>		
President	YM Prasantha De Silva	No. 28 “Conradia”, Lady De Soysa Drive, Uyana, Moratuwa.
Secretary	MNT. Lalani Fernando	26, Watson Peiris Mawatha, Moratuwa
Treasurer	RSD Deepthi Perera	34, De Mel’s Road, Laksapathiya, Moratuwa
<u>CINNAMON GARDENS</u>		
President	PRD Michael Matthysz	21/2 A, Sunethra Lane, Thimbirigasyaya, Colombo 05
Secretary	RSD Vivienne Rodrigues	8/1 Bloemendhal Lane Colombo 13
Treasurer	YM Viraj Bannahake	46, Dharmapala Mawatha, Finance Watte, Ekala, Ja-Ela
<u>BAM-BALAPITIYA</u>		
President	P. Marcus Manohararajah	R 2/6, Anderson Flats, Colombo 05
<u>SECRETARY</u>		
	To be appointed	
<u>TREASURER</u>		
	T. Ragunathan	16, Gregory’s Road, Dehiwela
<u>BATTICALOA</u>		(No Details Available)

Message from the Regional Director

Dear Y’s Family,

It’s a pleasure to send a message to the Regional Bulletin which, will be issued shortly. I had in fact sent a message, in the belief that the Bulletin would be out in July but as BE rightly pointed out that is not a possibility for many reasons and I feel that I would like to re empathize some of the sentiments I expressed in the Convention Workbook.

As I traveled along the Road of Y’sdom and been through many of the glorious moments as well as sad ones, I have had to reflect on what we have achieved over the years. We are already 3 months into the new Y’s Year, and as I look back on what we have achieved in the years past, I would like to say **“Count your Garden by the Flowers that Bloom and not by the Leaves that Fall”**

What we must remember is that we are a Voluntary Service Organization, following the teachings of Jesus Christ – To acknowledge the duty that accompanies every right”. Jesus taught us to be humble in our Service –not arrogant, critical or vain.

Every Y’s Man, Lady Y’s Man, Menette, Y’s Ling, Y’s Youth have contributed in their own way to our Movement and can contribute more. Permit me to use the sayings of a Great Y’s Man – Rollo Smethers who was IP (1949-1950), which was printed in the 75th Edition of Y’s Man International:

- *Service is the Vitamin that keeps Y’sdom Healthy.*
- *Dividends accruing in Y’sdom depends on the Investment*
- *The Heart of Y’sdom is reflected in the Cardiogram of Unselfish Service Today’s Y’sdom will only be as good as today’s Y,s Men.*
- *Sincere devotion to the cause of Y’sdom is the Adhesive that Cements us into a common band of Brothers.*
- *Instead of centering attention to the Club Meeting Menu, pay attention to the Attendance*
- *To become truly effective the idea of Y’sdom must be translated into an Ideal or Dynamic action of Y’sdom.*
- *Y’sdom never apologizes for the acts of a true Y’s man.*

Brothers and Sisters in Y’sdom, we are a Family in the true sense of the Word, so let us hold hands and step into another year of Y’sdom with Courage, Hope and the Conviction that if each of us do our own part, the **Flowers that Bloom will be many and the Leaves that Fall, few.**

God Bless You all,

Sarojini Nagendran

TEAM

* None of us is as smart as all of us"

* Teamwork divides the task and doubles the success."

SERVICE

* There is no better exercise for the Heart than reaching down and lifting people up"

TIME

* Time is not measured by the years we live, but by the Deeds we do and the joys we give— (Helen Steiner Rice)

BE GREAT

* Everybody can be Great, because Everybody can Serve. You only need a heart full of Grace and a Soul generated by Love— (Martin Luther King Jr.)

(Contributed by: Sarojini Nagendran)

- These glorious insults are from an era before the English language got boiled down to 4-letter words.

A member of Parliament to Disraeli: "Sir, you will either die on the gallows or of some unspeakable disease" "That depends, Sir," said Disraeli, "whether I embrace your policies or your mistress"

"He has all the virtues I dislike and none of the vices I admire." - Winston Churchill.

"He has never been known to use a word that might send a reader to the dictionary." - William Faulkner (about Ernest Hemingway).

"I am enclosing two tickets to the first night of my new play; bring a friend, if you have one." - George Bernard Shaw to Winston Churchill. "Cannot possibly attend first night, will attend second ... if there is one." - Winston Churchill, in response.

"Why do you sit there looking like an envelope without any address on it?" - Mark Twain.

"Some cause happiness wherever they go; others, whenever they go." - Oscar Wilde

"He uses statistics as a drunken man uses lamp-posts... for support rather than illumination." - Andrew Lang (1844-1912)

"He is simply a shiver looking for a spine to run up." - Paul Keating
(Sent By: Wing Commander Ohlmus) - (Rtd)

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CLUB OFFICERS- 2011/2012

KULIYAPITIYA

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Treasurer	LYM Solita Muthukrishna	20/2A Narahenpita Road, Nawala
<u>DEHIWELA</u>		
President	RDE Rienzie Diaz	123/10, Lake Drive, Dampe Road, Madapatha, Piliyandala
Secretary	LYM Liz Diaz	123/10, Lake Drive, Dampe Road, Madapatha, Piliyandala
Treasurer	YM Tutu Abeyesekera	No. 8, Girton School Road Nugegoda
<u>KOTTE</u>		
President	YM Mahen Fernandopulle	72, Jambugasmulla Road, Nugegoda
Secretary	Y'M Mark Fernando	483, Galle Road, Mt. Lavinia.
Treasurer	PICM Elizabeth Dwight	17 Kensington Gardens, Colombo 04
<u>KURUNEGALA</u>		
President	LYM Srimathi De Saram	Orchid Hall Road, Wehera, Kurunegala
Secretary	LYM Geni Joseph	65/24, Jayanthipura Road, Kurunegala
Treasurer	YM Reginold Perera	1 st lane, Kandy Road, Millawa, Kurunegala
<u>KULIYAPITIYA</u>		(NO DETAILS AVAILABLE)
<u>MAHANUWARA</u>		
President	YM Rupert Navamani	1/9, Udasiri Mw., 3 rd Mole Pat, Ampitiya
Secretary	LYM Anusha Dias	13/B2/12/1, Forest Reserve Road, Hanthana Housing Scheme, Kandy
Treasurer	YM Kumar Perera	100/5C, George E De Silva Mawatha, Kandy

How Y'smen can get involved in CS - "Green Team" activities:-

Recycling

Have a campaign to get all club members to recycle. Provide recycling bins and a list of things the local trash pick-up will accept. Could be implanted at church groups too.
 Have a glass collection once a month. Collect all empty bottles and arrange to drive to the recycling centres that accept glass. To make it convenient for folks and to save energy, a couple of volunteers could be arranged with a pick-up truck or van, who are willing to collect the glass and take it to the recycling centre.
 Even the church and the work place could be arranged to have recycling bins at various places.

Education/Worship

Have a series of slides and provide time for discussion afterwards. Or sponsor a speaker to talk about practical ways to go green.
 Have an Earth Stewardship column in your club/regional bulletin or newsletter, combining practical tips, inspiration and motivation.
 Have a "Green Star Award," system and acknowledge the member who is doing some action for the earth.
 Encourage members to adopt various "go green" practices, provide a list of possibilities.
 Include a prayer for the earth and have copies for people to pray at home. Have sermons include some aspect of earth care.
 Have a prayer service for the earth or a musical program featuring music about "go green".

Earth Day activities.

Have a workshop service that centres on earth care. Get the children involved in varied ways, such as creating posters and singing earth songs.
 Display an earth flag where necessary.

Energy Reduction

Take energy saving measures such as caulking, upgrading, replacing windows, etc.
 Encourage those who are able to walk within a reasonable distance to walk.
 Encourage members to use compact fluorescent light bulbs in their homes.
 Encourage neighbours who have garden space to bury the waste/garbage instead of burning them.

Saving Resources

Green supplies. Buy post-consumer waste, recycled, process chlorine-free office paper. Use environmentally friendly cleaning products. Use recycled content, process chlorine-free paper towels and toilet paper.
 Sell reusable shopping bags. Some "green saying" or design printed on them could be an advertisement on saving the earth.
 Use native plants and plants that require little watering.
 Eliminate pesticide use on the grounds. Instead use dry leaves/composted manure.

Less Waste

Use and replace Styrofoam cups with reusable mugs.
 Encourage no-waste potlucks and dinners. Have people bring their own tableware and provide a place for people to wash their own dishes. Bring a bucket for table scraps that can be composted.
 Recycle all cans and plastic containers. Invest compost bin.
 Encourage members to have a compost bin at home. Provide materials and education.
 Fellowship after meeting around campfire that focuses on "save the earth"

(Contributed by: Rita Hettiarachchi)



IP Finn says:- The time runs fast. We are now already in September. In my country Norway it means that the activities in Y's Men's Clubs are starting up again after a long summer vacation. It is time to concentrate about extension in our club and our International movement. As you may have heard, and also read about in this Family Letter, **our goal is to reach 50.000 members in our Y's Men movement before we celebrate our 100 years anniversary in 2022.**

How to get new members in our club or to establish new clubs is not only about calculations and plans, but also about the attitude to each one of our members and each one of our clubs. Proud members and active clubs give us our best image and our best possibility to increase the membership. I encourage you to invite one friend to your Y's men club. I am sure that you know one person in your family, a friend, a neighbour, a colleague or a newly established family in your community you can invite to be a guest in your club. Be proud and tell what Y's Men do for your community and internationally. Tell with pride about Roll Back Malaria project. Tell about Time of Fast global project. Tell about your local projects. Tell about what Y's Men means for you. I wish you good luck and look forward to hear good news from every corner of the world. Some years ago ICM decided to start a new programme named Y's Extension Support (YES). If we study this programme we find that it is a splendid idea in order to get funds to make our movement grow in new countries and area. It is up to each Region and Area to use the advantage of this programme to make an extra effort to get new clubs in new places. The slogan of the programme is not only for Regions and Areas, but also for members and clubs: "Say YES to Y's Men".

IP- FINN A. PEDERSEN

(Contd)

and thank all the students and play a finishing piece. I thought that any damage he would do would come at the end of the program and I could always salvage his poor performance through my 'curtain closer.'

Well, the recital went off without a hitch. The students had been practicing and it showed, then Robby came up on stage. His clothes were wrinkled and his hair looked like he'd run an eggbeater through it. 'Why didn't he dress up like the other students?' I thought. 'Why didn't his mother at least make him comb his hair for this special night?'

Robby pulled out the piano bench and he began. I was surprised when he announced that he had chosen Mozart's Concerto #21 in C Major. I was not prepared for what I heard next. His fingers were light on the keys; they even danced nimbly on the ivories. He went from pianissimo to fortissimo. From allegro to virtuoso. His suspended chords that Mozart demands were magnificent! Never had I heard Mozart played so well by people his age. After six and a half minutes he ended in a grand crescendo and everyone was on their feet in wild applause.

Overcome and in tears I ran up on stage and put my arms around Robby in joy. 'I've never heard you play like that Robby! How'd you do it?'

Through the microphone Robby explained: 'Well, Miss Hondorf, remember I told you my Mom was sick? Well, actually she had cancer and passed away this morning and well. . She was born deaf so tonight was the first time she ever heard me play. I wanted to make it special.'

There wasn't a dry eye in the house that evening. As the people from Social Services led Robby from the stage to be placed into foster care, noticed that even their eyes were red and puffy and I thought to myself how much richer my life had been for taking Robby as my pupil.

No, I've never had a prodigy but that night I became a prodigy... of Robby's. He was the teacher and I was the pupil for it is he that taught me the meaning of perseverance and love and believing in yourself and maybe even taking a chance in someone and you don't know why.

Robby was killed in the senseless bombing of the Alfred P. Murrah Federal Building in Oklahoma City in April of 1995.

If God didn't have a purpose for us, we wouldn't be here!

(Contributed By: Neomal Fernando)

.Robby's Night

True Story Worth Reading !!!

At the prodding of my friends, I am writing this story. My name is Mildred Hondorf. I am a former elementary school music teacher from Des Moines, Iowa. I've always supplemented my income by teaching piano lessons-something I've done for over 30 years. Over the years I found that children have many levels of musical ability. I've never had the pleasure of having a prodigy though I have taught some talented students.

However I've also had my share of what I call 'musically challenged' pupils. One such student was Robby. Robby was 11 years old when his mother (a single Mom) dropped him off for his first piano lesson. I prefer that students (especially boys!) begin at an earlier age, which I explained to Robby.

But Robby said that it had always been his mother's dream to hear him play the piano. So I took him as a student. Well, Robby began with his piano lessons and from the beginning I thought it was a hopeless endeavor. As much as Robby tried, he lacked the sense of tone and basic rhythm needed to excel but he dutifully reviewed his scales and some elementary pieces that I require all my students to learn.

Over the months he tried and tried while I listened and cringed and tried to encourage him. At the end of each weekly lesson he'd always say, 'My mom's going to hear me play someday.' But it seemed hopeless. He just did not have any inborn ability. I only knew his mother from a distance as she dropped Robby off or waited in her aged car to pick him up. She always waved and smiled but never stopped in.

Then one day Robby stopped coming to our lessons. I thought about calling him but assumed because of his lack of ability, that he had decided to pursue something else. I also was glad that he stopped coming. He was a bad advertisement for my teaching!

Several weeks later I mailed to the student's homes a flyer on the upcoming recital. To my surprise Robby (who received a flyer) asked me if he could be in the recital. I told him that the recital was for current pupils and because he had dropped out he really did not qualify. He said that his mother had been sick and unable to take him to piano lessons but he was still practicing 'Miss Hondorf, I've just got to play!' he insisted.

I don't know what led me to allow him to play in the recital. Maybe it was his persistence or maybe it was something inside of me saying that it would be all right. The night for the recital came. The high school gymnasium was packed with parents, friends and relatives. I put Robby up last in the program before I was to come up

Sri Lanka Region

		2010		2011	
Club	(Charter Date)	Feb	Aug	Feb	Aug
District: SOUTH WESTERN					
Colombo	(3 Dec 30)	10	15	15	15
Moratuwa	(30 Mar 64)	15	15	16	18
Wellawatte	(10 Nov 78)	16	16	16	19
Dehiwela	(13 Jun 81)	15	15	18	16
Mt. Lavinia DEAD	(28 Apr 84)	-	-	-	-
Kelaniya DEAD	(10 Jun 84)	-	-	-	-
Young Moratuwa	(12 May 87)	25	24	23	18
Colombo South DEAD	(27 Feb 88)	-	-	-	-
Kotte	(16 Sep 95)	16	11	8	5
Negombo	(23 May 04)	5	5	5	13
Cinnamon Gardens	(28 May 05)	14	14	14	14
Seeduwa DEAD	(3 Mar 06)	-	-	-	-
Bambalapitiya	(17 Aug 10)	-	-	10	8
District: CENTRAL EASTERN					
Kandy DEAD	(28 Jul 62)	-	-	-	-
Kurunegala	(28 May 77)	15	15	15	15
Batticaloa DEAD	(30 May 80)	-	-	-	-
Kallar	(27 Mar 93)	1	1	1	1
Nuwara Eliya	(24 Feb 01)	1	1	1	1
Kuliyapitiya	(23 Nov 02)	1	1	1	1
Mahanuwara	(30 May 04)	14	14	14	15
Singing Fish Batticaloa	(27 Nov 10)	-	-	16	15
District: NORTHERN					
Jaffna	(30 Oct 71)	1	1	1	1
Chavakachcheri DEAD	(22 Nov 75)	-	-	-	-
Manipay DEAD	(23 Aug 80)	-	-	-	-
Kopay DEAD	(16 Jun 84)	-	-	-	-
TOTAL MEMBERS		149	148	174	175
TOTAL CLUBS		14	14	16	16
AVE: MEMBERSHIP		10.6	10.6	10.9	10.9

Information Source: IHQ—Geneva

Y'S MEN INTERNATIONAL – SRI LANKA REGION
REGIONAL TEAM LIST 2011/2012

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1	Regional Director	Sarajini Nagendran	17, School Lane, Colombo 3
2.	Regional Director Elect/ RSD Bulletin	Rienzie Diaz	123/10,LakeDrive Madapatha
3.	IPRD/RSD Youth In- volvement& Activities/ BF	Godfrey Francis	271/2, Galle Road. Idama, Moratuwa
4.	Regional Secretary	Winston Adams	19/2, Fonseka Road, Laxapathiya, Moratuwa
5.	Regional Treasurer	Milroy Manuel	46, 1/1, Castle Street, Colombo 6
6	District Governor SW	Dushanthi Latino	28A, Siripala Road, Mt. Lavanaia
7	District Governor CE	Felician Perera	66, Jayanthipura Road Kurunegala
8	RSD Endowment Fund	Veraan De Mel	21/15, Dharmaratne Ave, Rawathawa- tha, Moratuwa
9	RSD Alexander Scholar- ship Fund	Nihal Peiris	7, Roly Fernando Mawatha, Katubedda Moratuwa
10	RSD Christian Emphasis & Community Services	Victor Gunasekera	6A, 2 nd Lane, Dehiwela
11.	Historian	Marcus Manhararajan	R2/6, Anderson Flats, Colombo 5
12	RSD Membership Con- servation & Extension	V. Ariyaratnam	24, Dr. E.A.Cooray Mawatha, Co- lombo 6
13	RSD- Y's Menettes	Shiranee De Silva	527, Havelock Road Colombo 6
14	RSD Public Relations/ STEP/YEEP	Vivienne Rodriguez	8/1, Bloemdhhaal Lane, Colombo 13
15	RSD Extension Support/ Fund Raising	Ranaraj Serasinghe	570, De Soysa Road, Moratuwa
16	RSD International Brother Clubs	Devane Perera	52-2/1, Dudley Senanayake Mawatha, Colombo 8
17.	RSD Leadership Train- ing/Web Master	Rita Hettiarachchi	109A, Sri Somarathana Mawatha, Bellanwila, Boralesgamuwa
18	RSD Supplies	Anton Kandiah	4,Gangadara Mawatha, Ratmalana
19	RSD Travel Coordinator Y's Men Liaison YMCA	Deepthi Perera	34, De Mel Road, Laxapathiya, Moratuwa
20	RSD Time of Fast	Jean Godlieb	21/2, Sunethra Lane, Thimbirigasaya Colombo 5
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